

Monday, June 18th

8:00-10:00AM	Registration and Weigh-In (+6 lbs)
10:00-12:00PM	Fretwell Technique
12:30-1:00PM	Lunch
2:00-4:00PM	Fretwell Technique
5:00-5:30PM	Dinner
6:00-7:30PM	Drill & Live
10:00PM	Lights Out

Tuesday, June 19th

7:30AM	Wake Up
8:00-8:30AM	Breakfast
9:00-11:00AM	Technique
11:30-12:00PM	Lunch
1:00-3:00PM	Technique
3:00-4:00PM	Team Competition
5:00-5:30PM	Dinner
6:00-7:30PM	2 Duals
10:00PM	Lights Out

Wednesday, June 20th

7:30AM	Wake Up
8:00-8:30AM	Breakfast
9:00-11:00AM	Ryan Technique
11:30-12:00PM	Lunch
1:00-3:00PM	Ryan Technique
3:00-3:30PM	Ryan Mindset
5:00-5:30PM	Dinner
6:00-7:30PM	2 Duals
10:00PM	Lights Out

Thursday, June 21st

7:30AM	Wake Up
8:00-8:30AM	Breakfast
9:00-11:00AM	Individual Tournament